

## XVIII. THE POWER OF THE BREATH

I had a rather bizarre experience during late December 2020 when I sustained another patch of burns on my upper limb when loading up the wood burner. Again - the same - searing of the inner side of the elbows. Very fast process and very painful.

Except on this occasion a new thing crossed my mind - what if you could use a gentle blow over the burn as a healing force?

These kind of thoughts sometimes appear suddenly in my head like with all previous discoveries - The Universal Frequency, Vitruvian Man and the Nanotechnology in our DNA. And many others. This was something completely from another dimension.

Imagine - what if you could use your own breath to heal. It is not unusual we often blow on our smashed or burnt finger but that is to create a flow of air designed on cooling down effect. On this occasion I used no force in my lungs - just a gentle and a very long blow with my own breath. And imagine - after two runs the very scorching sensation on the skin has ceased. And the next day the marks were still there but unlike on my other hand they were painless. Instead the burns on my other hand from two weeks earlier were still deep and rather sore.

So - I did exactly the same thing with my other hand (with earlier burns) and two days later there was no pain left and no crusty wounds.

Just to clarify - all these things occur to me without me ever knowing of these facts or other similar situation or publication from the past. I do not attempt to replicate anything. These thoughts simply form in my head on its own and they occur strangely in the „correct” order of inventions.

It is obviously not down to the blow of air. It has to have something to do with our energy or consciousness. See if you get similar results...

What can be out to good use can also be put to a bad use. Now - imagine if you could use your own breath to assassinate someone???