

## XIV. HERXHEIMER-JARSICH REACTION

Your odds of not experiencing the Herxheimer reaction are very real so please read this chapter very, very carefully.

The term Herxheimer-Jarsich (reaction) is a common phrase in literature and is used to describe the increase or intensification in the symptoms of the condition being treated. Syphilis and Borrelia are the classic examples. You will find out that, as a result of the treatment, whatever it is, your body will undergo a temporary increase of inflammation.

In brief, the substances, called exotoxins and endotoxins, are toxins created by microorganisms and are carried in their outer cell membrane. These toxins get released into the surrounding environment during the following processes:

- During their cell growth or during infection activity;
- During breakdown, disruption or destruction;
- When bacterial cells get engulfed by immune system cells (called phagocytes.)

The borellia and syphilis bacterias carry huge amounts of such toxins, hence the body reaction to the die-off process can be extreme. Some nasty parasites like Echinococcus and several others can lead to the same spectrum of symptoms as well as heavy metals and nano technology.

The Herxheimer reaction can manifest itself in the following ways:

- **Sweating and/or Fever** - it is your body's natural reaction as a result of inflammatory process. Raised temperature means that your body

is fighting a battle, as with any other infection you have had an encounter with in the past. Your skin, as your largest eliminative organ, will want to sweat all the toxins out of its systems.

- **Headaches** - an increase in toxicity of your organism makes your head ache, leading you to cease all activities and lie still until the crisis is nearly over. In such a way you, will preserve the energy required to go through the crisis. Your energy levels during your recovery will be very low, so do not try to run a marathon or drive your car long distance. Even short trips should be avoided.
- **Joint and Muscle Ache (Fibromyalgia Symptoms)** - the toxins of dying bacteria will end up circulating through your entire body, which will make them very acidic and inflamed.
- **Nausea / Diarrhea / Flu-like Symptoms** - the level of toxins in your body will shoot up very high when you start the treatment and it is a natural reaction of your body to flush them out on an urgent basis, as a liquid. If your body stops coping with toxin release in a conventional way, the rapid and violent reaction will occur through vomiting and diarrhea. Some advice - do not try and hold the vomiting back. Once you have finished vomiting, you will start feeling much better but, be aware, the process may take several hours and will be very painful.
- **Sore body organs** - the Lyme can and, often does, overtake all parts of your body, including your main organs. Hence, once you commit to the treatment, you will experience increased pain associated in all sorts of infected organs and this can be incredibly painful. Seek your GP's advice and make him aware of your commencement of Lyme treatment and that you may need support medical support - e.g. pain killers or even A&E visit.
- **Discharge-like substance from ears** - a great sign of your lymphatic system working hard trying to remove dead bacteria from your nervous system.
- **Tremoring** - the Borelli bacteria have a tendency to behave like the nerve glia cells in the brain, as it is harder for the immune system

to reach them there. This is a natural reaction of the nervous system when the microbes start to die off.

- **Temporary increase in severity of existing symptoms** - the microbes affected by the treatment will alarm your immune system in the process of dying off, hence your immune system should kick-in with support. This process prompts a temporary increase in the volume of your symptoms. Such a process can sometimes be lengthy and, if you imagine the current state of both your mind and body, multiply it by two or three times and it should give you a good picture of what you should expect during your treatment.
- **Anxiety, panic attacks, depression, suicidal thoughts** - be mindful that the person undergoing the treatment will be more prone to those mind games of Lyme Disease. Lyme is unique in how acutely it can affect one emotionally or psychologically. Those assisting with recovery (family and friends) should be more vigilant and very supportive to the person suffering from Lyme. The good news is that these emotions are all artificial and, when the bacteria load decreases, these effects start to go away and eventually disappear.

We strongly suggest to seek medical assistance in form of prescription medications reducing the effects of Herxheimer reaction when using Rifing as means of eliminating toxins.

Patients should be closely monitored for the potential complications (shock or collapse) and may require proper medical attention in form of IV fluids or other.

For those who need a little bit of help to imagine what Herx reaction can look like try and find a video of what an exorcism may look like.

## THE MAIN TWO WARNINGS

Other than the described above zapping by default leads to the killing of parasites.

Some of them can dwell inside your heart muscle. This can potentially lead to a cardiac arrest. Not as a result of Rifting but by means of debris created when destroying parasites. In such a case you should stop Rifting and enable the heart to recover. Never ignore chest pain. In such circumstances call Emergency or attend A&E.

Some other parasite may hatch through the skin which can lead to open wounds and puss leaching out of the broken tissue. This in the view of the Author perfectly natural process. Although undesired it proves that the condition from which you may be suffering is linked to the parasite called Acanthocephalan.